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DUNAMIS

Dr. Ezekiah Francis

Discovers the hidden dynamic power of God embedded in your spirit to establish God's kindom on earth

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HEALTH the most important asset Rev. Benita Francis

Have you ever thought of caring for your brain. Discover how important it is to detoxify your brain.

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Echoes to Edify

Praise Reports of how God transformed the lives of people through BPM

Quick Bite

Riddles to relax you.

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power of Christ begin to work in his body. He rose up vibrantly. The next day he ventured into his business (Acts 14:19,20) Wow! What a great strength when partners encircle you. The truth is men of God toil hard with fasting prayer and tears amidst great difficulties to bless the people. But they lack partners who stand on them when Satan attacks them and they need physical or emotional help. I have poured out myself for he past 40 years. God alone knows the hardships, tears and sacrifice. We are not always strong as in the days of our youth. Moses got weary and he needed Aaron and Hur to uphold his hands.

I too need Acquillas and Priscillas who would be ready to give their necks and love with true burden. I need Aaron and Hur to uphold my hands. I need Prayer warriors who would stand me and enable me to renew my strength. I invite you to share my burden. I also like to entrust you some responsibilities. There is no time to waste. The Joshua Generation has to march forward and conquer before dusk. I expect your love and sincere prayer, co operation, hard work and liberal offerings (Neh 4:19,20) I beckon you just like Nehemiah. Come on! Let us finish work!! Let us share in the heavenly inheritance. May the Lord stir up your spririt. Meet you on the of 22^{nd} of July through the 24^{th} .

Yours in His prophetic office,

Ale Sul Francis

V. Ezekiah Francis



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Dr. Ezekiah Francis

Discovers the hidden dynamic power of God embedded in your spirit to establish God's kindom on earth



'Dunamis' means 'Power.' This book will lay the foundation for your victorious life in Christ! Our Lord Jesus gave His disciples and Apostles the Great Commission, and His parting promise. The Messiah's pledge is very precious and should be held close to the heart. We should eagerly and continually seek this assurance in our lives.

"...but you shall receive power (DUNAMIS) when the Holy Spirit has come upon you, and you shall be My Witnesses, both in Jerusalem and in all Judea and Samaria and even to the remotest part of the earth." (Acts 1:8) Everyone baptized by the Holy Spirit has this power of God in him. In the following pages, I will share revelations made known to me, by the Spirit.

The Power of Jesus Christ

Jesus Christ administered and completed His ministry with power. See how succinct and concise Peter described the Man of God. "You know of Jesus of Nazareth, how God anointed Him with the Holy Spirit and with power and how he went about doing good and healing all who were oppressed by the devil; for God was with Him." (Acts 10:38)

One filled of the Holy Spirit does not visit God now and then, but has God dwelling in him always. Do you know what it means to be filled with the Holy Spirit? It is to be imbibed with the Father.

The Almighty God was with the biblical saints. Therefore, they performed heroics for God. God was with Joseph. The Bible says, 'The Lord was with him; and whatever he did, the Lord made to prosper.' (Gen. 39:23) God was with Solomon and he became the wisest man that ever lived. Just as God was with them, He was also with Jesus Christ. Jesus went about doing good works and delivering the oppressed from the devil's control, because God was with Him. The same God is with us today. He dwells in everyone who has been anointed by the Holy Spirit and manifests the power through him. If you ask Jesus, "Lord, I desire to perform the great signs and wonders that you performed. Tell me the secret of your power." He would probably reply, "My child, just as God indwells you today, He lived in Me during my earthly life, and filled Me with His Spirit and power. I performed mighty deeds under the power of that anointing. But you do not use your power. That is the difference between us." He indeed is our elder brother and we His brothers and sisters. We are joint heirs with Him to the kingdom of heaven. Among siblings of this world we see claims and conflict relating to their family inheritance. Here we have Jesus our elder brother, who also has something against us. But his rebuke is only that we don't claim more of the Power of God.

Power Over Demons

With the power of the Holy Spirit, Jesus did good works wherever He went, and healed all who were oppressed by the devil. We should remember that Satan also has power. He uses it to oppress people. Just as we celebrate Christmas and other Christian holidays, he too can celebrate.



But there is a major difference. His power is that of an angel whereas the power that we have is that of the Almighty God. Amen! Satan was the morning star, but did not lose his power even after his fall. God did not deprive him of the power that He had vested in him. But God sent His only Begotten Son to the earth and anointed Him with the Power of the Holy Spirit so as to set Satan's power as naught, by His own power. Jesus Christ, therefore, destroyed Satan's power by the power of the Holy Spirit. Halleluiah!

Jesus delivered people from the oppression of the devil only after His anointing by the Holy Spirit. Perhaps He had been to the temples and synagogues many times before, but the demons were not impressed. But once He was anointed and received the power of the Holy Spirit, the demons trembled and shouted, "What do we have to do with You, Jesus of Nazareth? Have you come to destroy us...?" (Mark 1:24; Luke 4:34) When Jesus went there with only His human strength, the demons did not fear Him. But once He was anointed, they trembled seeing the Holy Spirit in Him. We should also realize that when demon-possessed people tremble, it is not because of us but because they see the Holy Spirit who dwells in us. Jesus returned to Nazareth where he grew up, in the power of the Spirit, and as was His practice, He entered the synagogue on the Sabbath. He read from the book of Isaiah and began to teach. The power and grace in His words were manifest to all. "The Spirit of God is upon Me," He thundered. Discerning the power in His words, the demons trembled and wailed.

The difference between one who has the power of the Holy Spirit and one, who does not, is as the difference between the North and South; between the highest mountain and deepest sea. Yet you may wonder why there is no real difference in these anointed people, except they blabber something they claim as speaking in tongues. They seem to be leading as much a defeated life as anybody else, with strife and petty quarrels. Though the Holy Spirit anoints them, they have not realized that the omnipotent God lives in them, so have not given Him a place of prime importance in their lives.

We are amazed at the heroics of the biblical saints. We consider them a special breed of man. Therefore, we reconcile ourselves to believing that these acts are impossible with us. But the sole reason that enabled

them to work mighty miracles was the power of the Holy Spirit. Today the same Holy Spirit with all His power and might is living in us. When this truth dawns on us, we will have taken the first step toward a miracle-working life. Jesus Christ worked all miracles only though the power of the Holy Spirit. When He brought the dead Lazarus to life, He did not do it with His power as God, but as a human being filled with the power of the Holy Spirit. Unless you fully realize and comprehend this truth in your spirit, you will only pay accolades to Him, and not emulate Him. God filled Jesus with power and the Holy Spirit. That is how He did all the good works. Today God has filled you also with the same Holy Spirit. The Holy Spirit and His power can never be separated.

Christ emptied Himself totally. He put aside His divine wisdom, though He was and is the source of all wisdom. "He grew in wisdom and stature and in favor with God and man." (Luke 2:52) There is no area in which God needs to grow or increase. But the Bible says that Jesus Christ grew and increased. What does this imply? Take heart! You too, can grow and increase like Him, in nature and also power. If Jesus went to the desert, filled by the Holy Spirit, and overcoming all temptations, you too, can defeat the temptations Satan throws before you. The very same Dunamis power that was in Jesus is now burning within you. The Greek word 'Dunamis' is the root or source for the English word 'dynamite'. Dynamite is a high explosive. So it is not wrong to say that anyone filled with the Holy Spirit, has within themselves, explosive power. However, it is up to those who have received the power to use it. If someone is not sure if he has received the power, he should seek in all earnestness to obtain it.

Salvation and the Anointing

During the initial days of my salvation, I was a bit confused. I could not figure out the difference between salvation and the infilling of the Holy Spirit. Is not salvation through the Holy Spirit? He transforms us into a new creation, by coming into us. Then what does it mean to be baptized in the Holy Spirit? Can we have a little more, or less, of the Holy Spirit? These thoughts hounded me

day and night. Then I asked the Lord, "What is the difference between receiving the Holy Spirit during salvation and during the anointing or baptism of the Holy Spirit?" The Lord explained it to me. "My son, receiving the Holy Spirit when one is saved is similar to my being conceived in the womb of Mary. But anointing is what I received at the river Jordan when I was baptized. The Holy Spirit descended upon me 'in bodily form like a dove.'" Both experiences are different from each

other. It is only through the anointing that Jesus healed the sick and comforted the broken-hearted. Does it mean that He did not console anybody before His anointing? Of course not. But the degree of comfort He brought to the sick and broken-hearted was spectacular in the anointing! It was so wonderful. That is why Jesus said, "Today this scripture has been fulfilled in your hearing." (Luke 4:21) The prophecy of Isaiah came to be fulfilled that day. (see Luke 4:18-21; Isaiah 61:1-3)

Quick Bite

- Who in the Bible kissed Heaven's door but died and went to hell?
- What do you get if you cross Santa with a detective?
- Question: What is greater than God? More evil than Satan? Rich people need it, poor people have it, and if you eat it you will die.
- Q. Why does Santa Claus go down the chimney on Christmas Eve?
- Who designed Noah's ark?

ANSWERS:

1. Judas Iscariot -

Reason: According to the Bible, Jesus is the door and Judas betrayed him with a kiss in the garden.

- 2. Santa Clues!
- 3. Nothing
- 4. Because it soots him.
- 5. An ark-itect!

News

- → The Lok Sabha Elections was once again dominated by the UPA government.
- → Manmohan Singh becomes the second consequent PM of India after Jawaharlal Nehru.
- + Meera Kumar becomes the first women speaker.
- → Srilanka army defeated the LTTE

Echoes to Edify

Received child Pastor Roshan Lal, Ludhiana i am an AG missions pastor and I din't have child for the last 7 years. We prayed with Bro. Jesudoss in Classic Hotel at Ludhiana 2006, immediately God answered that prayer and my wife conceived. Now we got a wonderful male child.

Prayer answering GodMini James, Bahrain
I requested for a prayer for my son's studies. Now he is studying well in his studies and all laziness has gone away. Thank you very much for your support and prayer.

Alcohol Free! Harpreet Singh, Amritsar Praise God! I was a drug addict and God saved me and returned my honour in the society. I was drinking alcohol 24 hours a day and now I left everything after my curses were broken through Sis. Benita's Ministry.

Curses Broken
I attended STC at Shimoga, at Sis. Benita's curse breaking session I really experienced the curses in me being broken and now I did it with my family and I saw the results of it in a great way. Now I break the curses of others using the teaching which God gave me through Sis. Benita. I thank God for the great revelation which He gave me through Sis. Benita and Bro. Ezekiah Francis. All glory to God.

This month DETOXIFY YOUR BRAIN

Dear family of God, how are you? Are you ready to detoxify your brain and your entire life? Are you ready to create a blessed life and future and a healthy body using God's eternal Word confirmed by modern cutting-edge brain science? Let us study...

Many times, we blame the devil for putting bad thoughts into our mind and it is true, he does shoot his fiery arrows at us all the time. That is no problem, however: you can easily extinguish all of these by taking your shield of faith (Eph.6:16)! And yet, if you have toxic strongholds, your own mind will shoot negative thoughts at you.

Your brain harbours the Amygdala, which works like a library where any thought is 'checked' against previous experience. If your experience is negative, you will be automatically negative against that issue. If you don't actively detoxify your brain, you will never be able to live a peaceful, positive life. Your negative expectations will always come to pass, as Job experienced (Job 3:25). Somehow, your negative expectations draw negative reactions from others toward you. YOU can change that by detoxifying your mind. Let us learn a few more strategies to achieve this goal.

Frame your world with your words

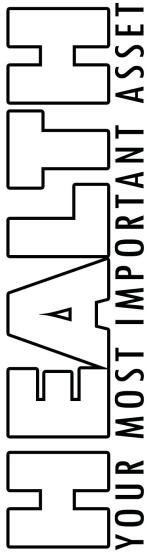
Now finally, modern brain science is finding out what God's Word is telling us for millenniums: "Death and life are in the power of the tongue, and those who love it will eat its fruit" (Pr.18:21). You will EAT from the fruit of your lips every day of your life (Pr.18:20; Isa.57:19). If the fruit of your lips is bad and rotten, you will get sicker and sicker every day. If the fruit of your lips is sweet, you will be happy and healthy! Your lips were created to praise your Saviour and to give thanks to His Name (Heb.13:15)!

Do you know why it is so imperative to watch what you say? It is because your words feed back into your brain and literally frame your world! Whatever you speak about yourself goes into your ears again and tells you, "This is who you are". Then your brain goes to work and creates the substances needed to bring it to pass! Your emotions will strongly feel it, you will be convinced that what you heard yourself speak is true, and your entire body will start modifying itself toward what you spoke! Your behavior will change accordingly, and you will even attract toward you whatever you have spoken before! Have you ever wondered why some people always attract negative people and circumstances? It is because their words work like a spiritual cloak around them that attracts like-minded and like-spirited people (Ps.109:18f). Really, death and life are in the power of the tongue!!!

Parents, teachers or spiritual leaders have a very special authority and responsibility. Children's brains are even more vulnerable and pliable than our brains as adults. Words you speak over your children in their childhood set the stage for their behavior in adulthood! You also have great authority over the course of your own life: If YOU do not allow God's Word to depart from YOUR mouth, YOU will make your way prosperous, and YOU will have good success in everything you do (Jos.1:8)! Avoid idle words and profane babblings! They cause more damage than you could ever imagine (Mt.12:37; 1.Ti.6:20; 2.Ti.2:16)!

Always remember: You are today where your yesterday's words have taken you, and you will be tomorrow where your today's words take you! You CAN bridle your tongue by the power of the Holy Spirit and be a useful instrument in God's Hands (Jas.1:26)! Start framing your blessed world with your holy, anointed tongue today, in Jesus' Name!





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Express your emotions

Expressing your emotions is very important for your mental, emotional and physical health. Emotions are alive, and you just can't bury something that is alive! It will pop up again and again, and generally in the most inappropriate moments. Maybe you have had some embarrassing experiences already...

Emotions are chemicals that rush throughout your entire body and change the very setup of your cells. You MUST allow them come out somehow, or they will cause depression, heart problems, behavior problems, immune system breakdown and many other dangerous annoyances.

Especially in the closely nit family setup of India, many people suppress their emotions in order not to hurt others or cause family problems. I have seen women who just "function" like robots and have totally suppressed all their emotions. After some time, however, this unnatural suppression of emotions emerges in forms of physical or mental diseases. Positive as well as negative emotions must be expressed, but without hurting others. It is always better to get rid of anger and grievances as soon as they occur and before they can settle in your mind and heart where they would fester and cause bitterness with all its horrors (Heb.12:15).

The Bible talks a lot about the prophets' emotions. They never felt shame to cry before others. The great champion Nehemiah's cry is recorded in the Bible. The great statesman Ezra, the powerful governor Joseph, they all expressed their emotions and God's emotions.

God Himself cried through Jeremiah and others (Jer.20:9). Jesus cried loudly over Jerusalem and even before Marta, Mary and the mourning Jews (Mt.23:37; Lk.13:34; Jn.11:35). He expressed strong emotions in prayer (Lk.22:44; Heb.5:7). He was not ashamed to express to His disciples His need of prayer support in His time of agony (Mt.26:38; Mk.14:34). Tears are also a way of sowing for a great harvest and will lead to great joy: "Those who sow in tears shall reap in joy" (Ps.126:5).

God Himself desires the joy of His chosen ones and promises, "I will also clothe her priests with salvation, and her saints shall shout aloud for joy" (Ps.132:16). Ethan the Ezrahite says in Ps.89:15: "Blessed *are* the people who know the joyful sound! They walk, O LORD, in the light of Your countenance". Closeness to God and expression of joy are definitely interlinked! Have you not experienced the tremendous surge of joy and love in your heart when your child expresses joy? The same happens in the heart of God, too! Nothing makes Him happier than a joyful, thankful Christian who worships Him for all His blessings and

goodness. You can bring joy to God's heart by expressing joy to Him today itself!

Expressing the joy of our salvation is the purpose of our creation in Christ (Eph.1:6,12,14; Ps.69:30). It is also an evangelistic tool, as King David says: "He has put a new song in my mouthPraise to our God; many will see *it* and fear, and will trust in the LORD" (Ps.40:3).

God Himself stirs up His zeal like a mighty man, He cries out and shouts aloud (Isa.42:13). He commands His prophet, "Cry aloud, spare not; <u>lift</u> up your <u>voice</u> like a trumpet; tell My people their transgression, and the house of Jacob their sins (Isa.58:1). That doesn't sound like containing emotions...

As we have learned before, negative thoughts create negative feelings and release tremendous amounts of dangerous chemicals into your entire body. You must therefore find a way to get rid of the thoughts as well as of the chemicals that are already floating throughout your entire system.

How can you release your emotions without creating a great uproar in your surroundings? Of course, the first and best way is always to pray and cast all your cares upon the One Who cares for you (Lk.12:26; Phil.4:6; 1.Pe.5:7). Just like the writers of the Psalms, you can pour out your heart and cry before your loving, understanding Heavenly Father. You can consciously forgive the offense in the power of the Holy Spirit. Sometimes, however, some physical action is needed to get rid of the dangerous stress hormones that build up in your body and cause disease.

I have heard of servants of God who have a punching ball in their home and practice some boxing to release their tensions. You might laugh at this idea but don't you think it is better to physically punch a ball than to mentally or verbally "punch" people around you?! Others go out into the forest and scream out their frustrations. Brisk walk and physical activity release "happiness hormones" called endorphins and purify your system of all the dangerous, negative substances. Washing clothes or some heavy house cleaning could also be some "detoxifying" activities for house wives.

Never forget: Positive as well as negative emotions must be released without hurting others. The Holy Spirit will definitely give you wisdom and ideas how to accomplish that in your daily walk if you ask His help.

Dream on

Interestingly, sleeping and dreaming are also powerful brain detoxifiers! What an inventive and loving Creator! Just imagine! As you sleep, small cells called glia cells move through your brain. They are like little vacuum

cleaners. Whenever you didn't seriously and consciously receive information into your brain by asking yourself questions and giving yourself answers about the subject, the little "branches" were not correctly attached to the "trees of memory" in your brain. That means, the memory is not stable and cannot be accessed correctly. During the night, these little glia cells cut off these "branches" and throw them into a "dust bin", comparable to your computer hard drive. The information is still somewhere since nothing that entered your brain can ever be erased, but it is not accessible for your conscious mind.

Sleeping and dreaming also feeds the fatty sheaths around your nerves and cleanses the structure of your memories. This protects you from forming toxic thoughts throughout the day. Wow, what a wonderful God!!!

Dreaming is actually a very interesting spiritual subject. The Holy Spirit speaks to you in your dreams, and your unconscious mind can reveal many secrets for further spiritual dealing through prayer and Word study. During the night, your brain sorts out the information that entered it during the day. It tries to find solutions to problems and even expresses emotions through dreams. Many times, unconscious information stored in your brain enters consciousness during the sleep and is expressed in dreams.

Journaling your dreams can help you very much in your effort of detoxifying your brain. You can check your progress in keeping your thought life pure by

analyzing your dreams. Chaotic dreams show that you have a chaotic thought life, and that your mind has not had the opportunity to sort it out correctly. Definitely, your dreams are indicators of what you were thinking during the day.

Science tells us that the thoughts you think in the last 3-5 minutes before falling asleep and the thoughts you think in the first 3-5 minutes after waking up "make or break your night" and "make or break your day". If you ponder God's Word and think thoughts of gratitude, peace and love, your sleep will be relaxing and refreshing, and your day will be peaceful and effective. The opposite is also true! If you allow your eyes to watch or your mind to create horror scenarios before falling asleep, your brain will have much detoxifying work to do during the night, and your sleep will be much less pleasant and refreshing.

So once again, as always, science confirms that the best medicine is found in the wise counsel of God's eternal Word. King David testifies: "I have set the LORD always before me; because He is at my right hand I shall not be moved" (Ps.16:8). To ensure a healthy sleep, follow King David's example and experience perfect peace: "You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You" (Isa.26:3). Your emotions will not be moved! Your sleep will be sweet! Your brain will reward you with much improved capacity and intelligence!

Good night...





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Signature of the candidate